

Dogfish Dash Dogfish 5k

Overall Finish List

September 27, 2009

Results By Seashore Strider Event Production, Inc.

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
1	Cory Smith	Philadelphia PA	587	30	***** M 30-39	16:39.7	5:22/M
2	John Martino	Dallas PA	29	25	1 M 20-29	17:18.8	5:35/M
3	Pete LoBianco	York PA	386	31	1 M 30-39	18:22.0	5:55/M
4	Ryan Amsley	Lewes DE	484	26	2 M 20-29	18:45.9	6:03/M
5	ED JORDAN	PARSONSBURG MD	328	54	***** M 50-59	19:11.6	6:11/M
6	Greg Shaffer	Baltimore MD	243	32	2 M 30-39	19:28.0	6:17/M
7	Jeff Silvernale	Stroudsburg PA	430	43	1 M 40-49	19:32.4	6:18/M
8	Greg Wojtech	Ellicott City MD	475	29	3 M 20-29	19:39.7	6:20/M
9	David Stevenson	Abingdon MD	104	34	3 M 30-39	19:56.0	6:26/M
10	Robert Stevenson	Abingdon MD	245	30	4 M 30-39	20:06.4	6:29/M
11	Michael Reph	Wilmington DC	506	41	2 M 40-49	20:13.3	6:31/M
12	Stan Sava	Seaford DE	440	44	3 M 40-49	20:20.0	6:34/M
13	Katharine Gray	Salisbury MD	384	23	***** F 20-29	20:35.3	6:38/M
14	David Farren	Wilmington DE	627	45	4 M 40-49	20:47.0	6:42/M
15	Justin Burney	Norfolk VA	145	28	4 M 20-29	21:07.9	6:49/M
16	Pablo Garcia		648	42	5 M 40-49	21:33.1	6:57/M
17	Todd Ford		652	45	6 M 40-49	21:38.3	6:59/M
18	John Bator	Rehoboth Beach DE	425	38	5 M 30-39	21:39.7	6:59/M
19	Adam May	Lewes DE	462	25	5 M 20-29	22:04.1	7:07/M
20	Paul Del Priore	Mount Wolf PA	318	34	6 M 30-39	22:13.3	7:10/M
21	Jeremy Testa	Cambridge MD	175	28	6 M 20-29	22:34.6	7:17/M
22	Matthew Strom	Millsboro DE	375	30	7 M 30-39	22:36.0	7:17/M
23	Christopher Fisher	Lebanon PA	36	27	7 M 20-29	22:37.2	7:18/M
24	Tom Rendulich	Wallingford PA	591	42	7 M 40-49	22:39.3	7:18/M
25	Mark Robinson	Middletown DE	493	40	8 M 40-49	22:40.4	7:19/M
26	Susan Dunn	Laurel DE	580	32	1 F 30-39	22:52.1	7:23/M
27	William Kelly	Washington DC	632	37	8 M 30-39	23:03.0	7:26/M
28	Mark Voicheck	Aston PA	125	51	1 M 50-59	23:08.5	7:28/M
29	Julia Drost	Washington DC	533	23	1 F 20-29	23:19.8	7:31/M
30	Karen Pettyjohn	Ellendale DE	123	26	2 F 20-29	23:25.9	7:33/M
31	Robert Uebele	Milford DE	304	41	9 M 40-49	23:26.3	7:34/M

32	Howard Heller	Baltimore MD	260	40	10 M 40-49	23:28.0	7:34/M
33	Rick Solomon	Plymouth Meeting PA	289	27	8 M 20-29	23:31.9	7:35/M
34	mike kubek	elkton MD	545	39	9 M 30-39	23:34.3	7:36/M
35	James Bencrowsky	milmont Park PA	118	24	9 M 20-29	23:35.0	7:36/M
36	Linda Reck	Rehoboth Beach DE	572	47	***** F 40-49	23:35.5	7:36/M
37	Jason Keinath	Philadelphia PA	532	23	10 M 20-29	23:38.6	7:37/M
38	Andy Gorlich	Dover DE	550	24	11 M 20-29	23:42.2	7:39/M
39	Kevin Wong	Cinnaminson NJ	131	30	10 M 30-39	23:44.0	7:39/M
40	Barbara Gladders	Dover DE	244	37	2 F 30-39	23:46.1	7:40/M
41	Andrew Howard	Seaford DE	88	25	12 M 20-29	23:51.9	7:42/M
42	Max Weingarten	philadelphia PA	208	24	13 M 20-29	23:53.5	7:42/M
43	Misty Seemans	Milton DE	542	24	3 F 20-29	23:54.7	7:43/M
44	Mary Kosenkranius	Newark DE	402	49	1 F 40-49	24:03.1	7:45/M
45	Christopher Marshall	Baltimore MD	350	37	11 M 30-39	24:15.3	7:49/M
46	Christian Mical		693	36	12 M 30-39	24:15.6	7:49/M
47	Paul Stewart	Washington DC	169	25	14 M 20-29	24:17.7	7:50/M
48	Myronda Braun	York PA	71	33	3 F 30-39	24:24.3	7:52/M
49	Tricia Lodge		647	38	4 F 30-39	24:30.2	7:54/M
50	David Owen	Dover DE	225	44	11 M 40-49	24:43.2	7:58/M
51	Kris DeNardi	Newark DE	639	24	15 M 20-29	24:45.7	7:59/M
52	Gifford King	Milford DE	152	46	12 M 40-49	24:56.2	8:03/M
53	Kelli Schneider	Schnweksville PA	270	26	4 F 20-29	24:58.3	8:03/M
54	Brian Pickeral	Bethesda MD	299	26	16 M 20-29	25:00.1	8:04/M
55	Mark Fye	Rehoboth Beach DE	504	24	17 M 20-29	25:00.9	8:04/M
56	Miguel Tobon	Milton DE	528	35	13 M 30-39	25:02.4	8:05/M
57	Richard Frakes	Charlottesville VA	32	46	13 M 40-49	25:05.3	8:05/M
58	Nicole Carter	Milford DE	248	34	5 F 30-39	25:05.8	8:05/M
59	Jack Huxtable	Rehoboth Beach DE	345	71	1 M 70-99	25:08.2	8:06/M
60	Lauren Solomon	Plymouth Meeting PA	283	27	5 F 20-29	25:14.5	8:08/M
61	Sean McGuire	Annapolis MD	409	39	14 M 30-39	25:16.3	8:09/M
62	Benjamin Hampton	University Park MD	614	25	18 M 20-29	25:19.6	8:10/M
63	Christine Gallagher	Washington DC	599	25	6 F 20-29	25:23.8	8:11/M
64	Chris Johnas		651	25	19 M 20-29	25:24.3	8:12/M
65	Ann Allert	Columbia MO	396	47	2 F 40-49	25:25.7	8:12/M
66	Joseph Rogerson	Smyrna DE	78	27	20 M 20-29	25:26.1	8:12/M
67	Jared Halonen	Lewes DE	359	23	21 M 20-29	25:31.6	8:14/M
68	sharyn slick	Lancaster PA	28	62	1 F 60-69	25:32.6	8:14/M
69	Dennis Williams	Seaford DE	505	33	15 M 30-39	25:35.7	8:15/M
70	Gregory Boots	Camden DE	596	50	2 M 50-59	25:38.6	8:16/M
71	Brian Hitchens	Dagsboro DE	583	34	16 M 30-39	25:39.8	8:16/M
72	Melissa Dethlefsen	Bel Air MD	95	35	6 F 30-39	25:40.8	8:17/M

73	Linda Daniel	Landenberg PA	337	50	1 F 50-59	25:47.4	8:19/M
74	Lisa Harkins	Lewes DE	512	38	7 F 30-39	25:48.8	8:19/M
75	Alison Rogerson	Smyrna DE	91	32	8 F 30-39	25:51.2	8:20/M
76	Daniel Woodall	Camden DE	524	34	17 M 30-39	25:53.3	8:21/M
77	Robert Fowler, Jr	Wallingford PA	565	49	14 M 40-49	25:58.0	8:23/M
78	Arleen Laporte	Lewes DE	492	55	2 F 50-59	25:59.2	8:23/M
79	Thomas Fitzpatrick	Newark DE	497	60	1 M 60-69	26:00.2	8:23/M
80	kathy wool	snow hill MD	494	55	3 F 50-59	26:02.7	8:24/M
81	Dylan Ardis	Salisbury MD	454	11	1 M 10-13	26:03.5	8:24/M
82	Kristopher Boone	Chester MD	623	32	18 M 30-39	26:04.3	8:25/M
83	Ashley Hansen	Washington DC	525	31	9 F 30-39	26:05.8	8:25/M
84	Deniz Carroll	Annapolis MD	979	39	10 F 30-39	26:06.7	8:25/M
85	Charles Harris	Dover DE	259	27	22 M 20-29	26:09.8	8:26/M
86	April Cook	delmar MD	451	24	7 F 20-29	26:13.0	8:27/M
87	hal bennett	wyoming DE	338	57	3 M 50-59	26:19.7	8:29/M
88	William Grayson	Washington, DC DC	187	31	19 M 30-39	26:23.6	8:31/M
89	Glenn Gladders	Dover DE	255	37	20 M 30-39	26:24.2	8:31/M
90	Colin McFadden	Philadelphia PA	203	23	23 M 20-29	26:25.8	8:31/M
91	Kyle McDonald	Mount Airy MD	432	21	24 M 20-29	26:31.2	8:33/M
92	Justin DeMarco	Mount Holly NJ	385	30	21 M 30-39	26:33.0	8:34/M
93	Joanie Snyder		644	27	8 F 20-29	26:34.0	8:34/M
94	JEFF SAYERS	NEWARK DE	308	54	4 M 50-59	26:35.6	8:35/M
95	Chris Pontani	Claymont DE	500	35	22 M 30-39	26:37.3	8:35/M
96	Brigitte Ardis	Salisbury MD	461	10	1 F 10-13	26:37.9	8:35/M
97	Ryan Winters	delmar MD	443	22	25 M 20-29	26:38.7	8:35/M
98	Jeff Roushey	Hartly DE	428	32	23 M 30-39	26:39.3	8:36/M
99	Sebastian Hill	McLean VA	424	38	24 M 30-39	26:40.6	8:36/M
100	Christine Bielenda	York Springs PA	113	50	4 F 50-59	26:44.6	8:37/M

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
101	Peter Courtney	Washington DC	233	26	26 M 20-29	26:48.7	8:39/M
102	Robert Gano	Frankford DE	58	54	5 M 50-59	26:54.6	8:41/M
103	Jeff Moore	Media PA	340	28	27 M 20-29	26:59.8	8:42/M
104	Lara Allison	coatesville PA	106	24	9 F 20-29	27:01.3	8:43/M
105	Cindy Redefer	Rehoboth Beach DE	510	46	3 F 40-49	27:05.9	8:44/M
106	Cliff Willey	Milton DE	521	50	6 M 50-59	27:08.5	8:45/M
107	rich yadach	coventry CT	155	48	15 M 40-49	27:11.1	8:46/M
108	Christopher Wiggins	Lake Ridge VA	19	35	25 M 30-39	27:12.0	8:46/M
109	Richard Standish	Dover DE	286	64	2 M 60-69	27:14.3	8:47/M
110	Joe Keyes	Dover DE	441	61	3 M 60-69	27:17.5	8:48/M
111	Ben Gates	Washington DC	224	33	26 M 30-39	27:28.7	8:52/M
112	Lynn DeCoursey 1081		1081	43	4 F 40-49	27:32.2	8:53/M
113	Alan Borst	Brookeville MD	391	46	16 M 40-49	27:33.5	8:53/M

114	John Jacobs	Denton MD	194	39	27 M 30-39	27:40.3	8:55/M
115	Jennifer Wheatley	Newark DE	66	34	11 F 30-39	27:41.0	8:56/M
116	Carrie Bush	Wyoming DE	164	40	5 F 40-49	27:43.7	8:56/M
117	Hans Kosenkranius	Newark DE	407	54	7 M 50-59	27:46.8	8:57/M
118	Sally Fowler	Wallingford PA	559	45	6 F 40-49	27:49.3	8:58/M
119	james hochmuth	Hebron MD	434	48	17 M 40-49	27:52.8	8:59/M
120	Scott Weingarten	Wilmington DE	624	35	28 M 30-39	27:53.9	9:00/M
121	Sherman Ludwig	Alexandria VA	31	27	28 M 20-29	27:54.3	9:00/M
122	Karen Bacot	Landenburg PA	316	51	5 F 50-59	27:55.9	9:00/M
123	Drew Stewart	Millsboro DE	393	15	1 M 14-19	27:57.6	9:01/M
124	Jim Chilton	Mount Pleasant SC	520	33	29 M 30-39	28:00.5	9:02/M
125	Marissa Brady	Felton DE	92	25	10 F 20-29	28:03.4	9:03/M
126	Garrett Ernst	Chambersburg PA	335	13	2 M 10-13	28:09.9	9:05/M
127	Shaun Conway	Washington DC	226	25	11 F 20-29	28:10.6	9:05/M
128	Sara Launer	Schwenksville PA	262	29	12 F 20-29	28:12.8	9:06/M
129	Jessica Thomas	Berlin MD	146	23	13 F 20-29	28:16.3	9:07/M
130	David Reinhart	Lancaster PA	298	42	18 M 40-49	28:18.9	9:08/M
131	karen cathell	Berlin MD	97	28	14 F 20-29	28:20.7	9:08/M
132	Joanna Breger	Wilmington DE	560	35	12 F 30-39	28:22.0	9:09/M
133	Kathleen Saunders	Harrington DE	69	32	13 F 30-39	28:22.9	9:09/M
134	Donna Sava	Seaford DE	433	42	7 F 40-49	28:24.6	9:10/M
135	adrienne talabisco	wilmington DE	423	32	14 F 30-39	28:25.5	9:10/M
136	Tracy Musser	Phoenixville PA	189	41	8 F 40-49	28:28.2	9:11/M
137	Participant Mcdougallm		658	47	19 M 40-49	28:31.1	9:12/M
138	Jason pylypczuk	Berlin MD	275	30	30 M 30-39	28:31.7	9:12/M
139	Michael Schaefer	Ocean View DE	264	32	31 M 30-39	28:33.4	9:13/M
140	Jennifer Cassada	Raleigh NC	109	34	15 F 30-39	28:33.7	9:13/M
141	Anne Hale	Baltimore MD	334	32	16 F 30-39	28:36.2	9:14/M
142	Brock Hale	Baltimore MD	348	30	32 M 30-39	28:39.9	9:15/M
143	Melissa Anderson	Milton DE	305	30	17 F 30-39	28:40.3	9:15/M
144	Carl Urian	salisbury MD	53	50	8 M 50-59	28:44.9	9:16/M
145	Tanya Corder	Wilmington DE	641	23	15 F 20-29	28:46.5	9:17/M
146	Jennifer Greiner	Tracys Landing MD	202	41	9 F 40-49	28:51.9	9:18/M
147	Harry Davies	Lewes DE	110	67	4 M 60-69	28:55.4	9:20/M
148	Jeffrey Greiner	Tracys Landing MD	192	8	1 M 0- 9	28:56.3	9:20/M
149	Jamie Schofield	Cambridge MD	182	26	16 F 20-29	28:59.5	9:21/M
150	Marilyn Parsons	Devon PA	25	44	10 F 40-49	29:00.8	9:21/M
151	Rebecca Lewis	Washington DC	485	25	17 F 20-29	29:03.8	9:22/M
152	Jennifer Truitt	Camden DE	217	37	18 F 30-39	29:05.5	9:23/M
153	Ben Creech	Falls Church VA	597	28	29 M 20-29	29:07.2	9:24/M
154	JenE Simmons	Camden DE	207	38	19 F 30-39	29:08.3	9:24/M
155	Matthew Tulloch	Milton DE	577	43	20 M 40-49	29:08.7	9:24/M
156	Corinne Hofmann	wyoming DE	609	27	18 F 20-29	29:09.2	9:24/M
157	Angie Hengst	Cambridge MD	86	30	20 F 30-39	29:11.0	9:25/M
158	Eric Lundell	Arlington VA	37	32	33 M 30-39	29:12.6	9:25/M
159	Jane Fox	Mount Laurel NJ	291	51	6 F 50-59	29:15.4	9:26/M

160	Gabrielle Burkhardt	Mt. Airy MD	301	26	19 F 20-29	29:24.1	9:29/M
161	Lori Scott	Arlington VA	619	44	11 F 40-49	29:26.8	9:30/M
162	Nathan Carey	New Castle DE	474	29	30 M 20-29	29:33.4	9:32/M
163	Jeremy Bell	Lewes DE	567	33	34 M 30-39	29:35.3	9:33/M
164	Charles Spahr	wilmington DE	132	33	35 M 30-39	29:35.9	9:33/M
165	Sharon Sabatino	Collingswood NJ	158	31	21 F 30-39	29:38.3	9:34/M
166	James Bourke	Selbyville DE	240	56	9 M 50-59	29:38.7	9:34/M
167	John McGrann	Lancaster PA	190	39	36 M 30-39	29:39.8	9:34/M
168	Jaclyn Reilly	Kingston PA	281	30	22 F 30-39	29:40.1	9:34/M
169	James Grandel	Newark DE	364	30	37 M 30-39	29:41.0	9:35/M
170	Brian Zilinski	Woodstown NJ	458	35	38 M 30-39	29:41.9	9:35/M
171	Megan Brown	Bear DE	435	29	20 F 20-29	29:42.3	9:35/M
172	Phil Hagen	Alexandria VA	445	33	39 M 30-39	29:45.6	9:36/M
173	Kevin McDermott	Smyrna DE	411	34	40 M 30-39	29:46.2	9:36/M
174	Mei Li Noll	Hagerstown MD	94	35	2 F 30-39	29:47.6	9:36/M
175	Steve Ardis	Salisbury MD	468	45	21 M 40-49	29:49.0	9:37/M
176	Mark Souders	Mount Airy MD	455	52	10 M 50-59	29:50.4	9:37/M
177	Scott Schneider	Schwenksville PA	263	27	31 M 20-29	29:51.2	9:38/M
178	stefan talabisco	wilmington DE	416	36	41 M 30-39	29:52.8	9:38/M
179	Brian Jennings	Townsend DE	102	27	32 M 20-29	29:56.1	9:39/M
180	Deb Miller	Chambersburg PA	470	55	7 F 50-59	29:57.6	9:40/M
181	Brian Humphrey	Severna Park MD	295	32	42 M 30-39	29:59.0	9:40/M
182	Anna Egoville	Philadelphia PA	531	24	21 F 20-29	30:02.3	9:41/M
183	Toby Eckert	Alexandria VA	76	43	22 M 40-49	30:02.8	9:41/M
184	Amber Bacot	Milton DE	333	30	23 F 30-39	30:06.7	9:43/M
185	David Nelson	Alexandria VA	100	48	23 M 40-49	30:08.2	9:43/M
186	Donna Garnett	Washington DC	273	54	8 F 50-59	30:08.5	9:43/M
187	Sarah Punderson	Philadelphia PA	523	26	22 F 20-29	30:08.9	9:43/M
188	Ruth Dingwall	Gaithersburg MD	418	23	23 F 20-29	30:10.4	9:44/M
189	Leah Jones	Camden DE	514	33	24 F 30-39	30:11.0	9:44/M
190	Adam Alexander	Hockessin DE	317	23	33 M 20-29	30:13.2	9:45/M
191	Andrew Festa	Falls Church VA	606	29	34 M 20-29	30:14.6	9:45/M
192	Christine Guitar	Washington DC	728	28	24 F 20-29	30:16.6	9:46/M
193	Benjamin Cantu	Denver CO	63	30	43 M 30-39	30:20.5	9:47/M
194	Diana Esbin	Glen Mills PA	480	46	12 F 40-49	30:22.9	9:48/M
195	Mary Boots	Camden DE	590	51	9 F 50-59	30:30.9	9:50/M
196	Brian Frey	Middletown DE	355	30	44 M 30-39	30:31.7	9:51/M
197	Daniel Esbin	Glen Mills PA	486	48	24 M 40-49	30:32.3	9:51/M
198	Kara Lynch	west chester PA	143	22	25 F 20-29	30:32.8	9:51/M
199	Kim Spiece	Woodstown NJ	548	39	25 F 30-39	30:37.1	9:53/M
200	Carter Thomas	College Park MD	151	21	35 M 20-29	30:38.1	9:53/M

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
201	Susan Silverstein	Bethesda MD	297	48	13 F 40-49	30:43.1	9:55/M
202	Brad Bender	Chambersburg PA	387	35	45 M 30-39	30:50.6	9:57/M

203	Heather Aungst	Derwood MD	222	28	26 F 20-29	30:53.0	9:58/M
204	Daniel Steigerwalt	Derwood MD	234	30	46 M 30-39	30:53.6	9:58/M
205	Mark Steinberg	west chester PA	467	58	11 M 50-59	30:54.1	9:58/M
206	Kristin Schlegel	milford DE	611	44	14 F 40-49	30:54.5	9:58/M
207	Jonathan Schwinger	Chester MD	193	33	47 M 30-39	30:55.0	9:58/M
208	Matthew Smith	Wilmington DE	613	25	36 M 20-29	30:55.3	9:58/M
209	Linda Coyle	Silver Spring MD	319	48	15 F 40-49	30:57.9	9:59/M
210	Christopher Nahodil	Newark DE	360	34	48 M 30-39	30:58.4	9:59/M
211	Tim Fox	Fleetwood PA	216	42	25 M 40-49	31:03.2	10:01/M
212	Jimmy Kroon	Felton DE	87	32	49 M 30-39	31:07.8	10:02/M
213	Viola Harlan	Media PA	347	29	27 F 20-29	31:11.5	10:04/M
214	Brad Walter	Fruitland MD	549	28	37 M 20-29	31:17.6	10:05/M
215	Emily Walter	Fruitland MD	538	27	28 F 20-29	31:19.5	10:06/M
216	Andrea Winkleblech	Milford DE	314	32	26 F 30-39	31:20.1	10:06/M
217	Kevin Shimp	Stevens PA	293	46	26 M 40-49	31:21.3	10:07/M
218	Jay Owens	Georgetown DE	637	31	50 M 30-39	31:22.8	10:07/M
219	Greg Pallett	Poolesville MD	371	31	51 M 30-39	31:23.2	10:07/M
220	David Rushman	Wilmington DE	176	24	38 M 20-29	31:24.5	10:08/M
221	Denise Bradshaw	Lewes DE	535	43	16 F 40-49	31:25.5	10:08/M
222	Corrine Satriano	Cranberry township PA	261	30	27 F 30-39	31:26.6	10:08/M
223	Brian Dixon	Collingswood NJ	147	30	52 M 30-39	31:27.1	10:09/M
224	Meghan Gloyd	Newark DE	30	25	39 M 20-29	31:29.4	10:09/M
225	Lori Brown	Felton DE	80	32	28 F 30-39	31:32.3	10:10/M
226	Jessica Ghaffari	Gaithersburg MD	67	23	29 F 20-29	31:34.1	10:11/M
227	Lealon Thompson	Gaithersburg MD	61	26	40 M 20-29	31:34.9	10:11/M
228	Anna Thompson	Pittsburgh PA	57	24	30 F 20-29	31:35.2	10:11/M
229	Brett Heher	Pittsburgh PA	49	25	41 M 20-29	31:35.5	10:11/M
230	Nathan Reinhart	Lancaster PA	303	13	2 F 10-13	31:35.8	10:11/M
231	Ben Burdick	Washington DC	144	27	42 M 20-29	31:36.7	10:12/M
232	Gary Zoll	Laurel DE	553	31	53 M 30-39	31:37.1	10:12/M
233	Nancy Chilton	Mount Pleasant SC	376	30	29 F 30-39	31:37.4	10:12/M
234	russ melrath	dagsboro DE	476	59	12 M 50-59	31:43.5	10:14/M
235	dottie decarlo	wilmington DE	136	36	30 F 30-39	31:48.2	10:15/M
236	Vanessa Kirn	Washington DC	503	26	31 F 20-29	31:49.5	10:16/M
237	Taryn Silvernale	Stroudsburg PA	446	7	1 F 0- 9	31:52.5	10:17/M
238	stephen Palecek		654	35	54 M 30-39	31:53.0	10:17/M
239	Elizabeth Skane	Takoma Park MD	404	30	31 F 30-39	31:54.3	10:17/M
240	deb yingling	dover DE	595	37	32 F 30-39	31:56.0	10:18/M
241	Paul Mysak	Allen MD	228	60	5 M 60-69	31:59.8	10:19/M
242	Karen Dillen	Altoona PA	536	48	17 F 40-49	32:07.7	10:22/M
243	Zach Parton	Reisterstown MD	103	31	55 M 30-39	32:09.0	10:22/M
244	Meg Backas	Hyattsville MD	72	47	18 F 40-49	32:10.2	10:23/M
245	James Nutter	Lewes DE	279	37	56 M 30-39	32:10.5	10:23/M
246	Shaun Boyle	mechuchen NJ	699	29	43 M 20-29	32:16.3	10:25/M
247	Veronica Kennedy	Washington DC	195	25	32 F 20-29	32:18.0	10:25/M

248	Lauren Russell	Washington DC	237	25	33 F 20-29	32:18.3	10:25/M
249	Sharon Hayman	Philadelphia PA	389	44	19 F 40-49	32:22.2	10:26/M
250	Judith Butterly	Milford DE	353	52	10 F 50-59	32:23.1	10:27/M
251	John Lee	Chevy Chase MD	241	68	6 M 60-69	32:27.0	10:28/M
252	Paul Saunders	Harrington DE	75	35	57 M 30-39	32:31.1	10:29/M
253	John Edwards	Clarksburg MD	382	57	13 M 50-59	32:34.1	10:30/M
254	Melissa Ogg	Philadelphia PA	539	27	34 F 20-29	32:34.9	10:30/M
255	Terp Ward	Washington DC	268	70	2 M 70-99	32:38.5	10:32/M
256	Marleigh Silvernale	Stroudsburg PA	437	9	2 F 0- 9	32:44.3	10:34/M
257	Ingrid Silvernale	Stroudsburg PA	429	39	33 F 30-39	32:44.7	10:34/M
258	Bonnie Ingram	Magnolia DE	630	53	11 F 50-59	32:46.9	10:34/M
259	Rebecca Garland	Washington DC	625	34	34 F 30-39	32:48.3	10:35/M
260	Paul Keifer		650	68	7 M 60-69	32:48.7	10:35/M
261	sandra woods	nottingham MD	517	33	35 F 30-39	32:49.4	10:35/M
262	scott woods	nottingham MD	527	35	58 M 30-39	32:51.1	10:36/M
263	Matt Schultz	Cambridge MD	502	40	27 M 40-49	32:51.5	10:36/M
264	Derek Ruth	Birdsboro PA	160	29	44 M 20-29	32:57.1	10:38/M
265	Thomas Stocker	Villas NJ	162	31	59 M 30-39	33:00.0	10:39/M
266	Brian Feeley	Newark DE	398	58	14 M 50-59	33:01.0	10:39/M
267	Carol Ernst	Chambersburg PA	327	36	36 F 30-39	33:06.8	10:41/M
268	Karin Paque	Falls Church VA	547	30	37 F 30-39	33:07.3	10:41/M
269	Jason Bragg	Milton DE	481	32	60 M 30-39	33:07.7	10:41/M
270	Maryellen Widdoes	Milton DE	511	30	38 F 30-39	33:08.5	10:41/M
271	katie Bragg	Milton DE	487	32	39 F 30-39	33:14.6	10:43/M
272	Chris Sanner	Leesburg VA	15	31	61 M 30-39	33:14.9	10:43/M
273	Sabrina Sanner	Leesburg, VA	21	30	40 F 30-39	33:15.2	10:44/M
274	Michelle Lavigne	Mechuchen NJ	700	27	35 F 20-29	33:15.5	10:44/M
275	Dax Eckel	Germantown MD	582	36	62 M 30-39	33:15.8	10:44/M
276	kelly clark	hanover PA	74	38	41 F 30-39	33:16.5	10:44/M
277	Gary Stewart	Millsboro DE	399	57	15 M 50-59	33:17.7	10:44/M
278	Kerry Stewart	Millsboro DE	405	48	20 F 40-49	33:18.4	10:45/M
279	Chelsea Todd	Newark DE	292	24	36 F 20-29	33:24.2	10:46/M
280	Dana Tracy	Camden Wyoming DE	157	41	21 F 40-49	33:27.2	10:47/M
281	Susan Ruether	Washington DC	68	30	42 F 30-39	33:27.5	10:47/M
282	JASON GILLESPIE	Washington MD	127	31	63 M 30-39	33:28.4	10:48/M
283	Kevin Rowland	Pawtucket RI	256	31	64 M 30-39	33:31.2	10:49/M
284	Jennifer Meiss	Palmyra VA	139	35	43 F 30-39	33:35.3	10:50/M
285	Megan Stevenson	Abingdon MD	252	29	37 F 20-29	33:35.6	10:50/M
286	jennifer musella	raleigh NC	73	31	44 F 30-39	33:38.1	10:51/M
287	Sandy Presley	Arlington VA	42	28	38 F 20-29	33:39.7	10:51/M
288	Meg Bairley	Fredericksburg VA	220	29	39 F 20-29	33:41.4	10:52/M
289	Irena Peters	Berlin MD	34	35	45 F 30-39	33:42.8	10:52/M
290	Deirdre Smith	Wilmington DE	626	22	40 F 20-29	33:43.1	10:53/M
291	laura laron	milton DE	377	21	41 F 20-29	33:43.8	10:53/M
292	Ryan Dougherty	Great Falls VA	349	29	45 M 20-29	33:46.1	10:54/M

293	Matt Mumma	Milton DE	489	28	46 M 20-29	33:47.5	10:54/M
294	Charis Alderfer-Mumma	Milton DE	477	28	42 F 20-29	33:47.9	10:54/M
295	Gwen Guerke	Milford DE	602	62	2 F 60-69	33:51.3	10:55/M
296	Nancy Malson	Kingsville MD	235	59	12 F 50-59	34:02.4	10:59/M
297	Theresa Rowland	Pawtucket RI	251	28	43 F 20-29	34:02.7	10:59/M
298	Natalia Duchini	Hockessin DE	571	36	46 F 30-39	34:03.0	10:59/M
299	Jocelyn Paris	Bear DE	600	31	47 F 30-39	34:03.4	10:59/M
300	Clay Beauchamp	Harrington DE	605	30	65 M 30-39	34:03.8	10:59/M

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
301	Richard Warshauer	Rehoboth Beach DE	149	74	3 M 70-99	34:13.6	11:02/M
302	Daniel Aceves	Greenbelt MD	707	39	66 M 30-39	34:14.4	11:03/M
303	Jennifer Leonard	Millsboro DE	608	28	44 F 20-29	34:15.1	11:03/M
304	Ann Shawler	Wilmington DE	633	24	45 F 20-29	34:15.9	11:03/M
305	Drew Satriano	Cranberry Township PA	266	37	67 M 30-39	34:16.8	11:03/M
306	Ann Heller	Baltimore MD	265	39	48 F 30-39	34:21.7	11:05/M
307	Sandra Bender	Chambersburg PA	379	36	49 F 30-39	34:23.1	11:05/M
308	Jessica Johnson	Silver Spring MD	11	18	1 F 14-19	34:23.6	11:05/M
309	Barry Johnson	Silver Spring MD	22	52	16 M 50-59	34:26.9	11:06/M
310	Jennifer Mazziotta	Haddonfield NJ	85	32	50 F 30-39	34:27.3	11:07/M
311	Deborah Woods	Rehoboth Beach DE	342	55	13 F 50-59	34:28.9	11:07/M
312	Elaine Barrett		694	25	46 F 20-29	34:29.0	11:07/M
313	Mark Launer	Schwenksville PA	274	30	68 M 30-39	34:29.8	11:07/M
314	Lauren Salvitti	Lewes DE	449	25	47 F 20-29	34:36.7	11:10/M
315	Nina Heller	Baltimore MD	272	7	3 F 0- 9	34:42.4	11:12/M
316	Mary Billingsley	Rockville MD	408	24	48 F 20-29	34:43.3	11:12/M
317	Tyler Lowry	Rockville MD	397	28	47 M 20-29	34:47.4	11:13/M
318	Mike Renn	New Castle DE	406	29	48 M 20-29	34:48.3	11:14/M
319	Joci Bailey	Millersville PA	167	10	3 F 10-13	34:51.2	11:15/M
320	Elizabeth Sommer	Washington DC	410	28	49 F 20-29	34:51.7	11:15/M
321	Erica Moore		656	27	50 F 20-29	34:52.1	11:15/M
322	Angel Adams	Mardela Springs MD	526	37	51 F 30-39	34:53.9	11:15/M
323	Holly Porter	Greensboro MD	534	33	52 F 30-39	34:57.0	11:16/M
324	Kathy Luby	Baltimore, MD	588	38	53 F 30-39	34:59.1	11:17/M
325	patricia verderame	millsboro DE	277	47	22 F 40-49	34:59.4	11:17/M
326	Jenni Callard	Lewes DE	482	36	54 F 30-39	35:02.8	11:18/M
327	Jake Callard	Lewes DE	488	45	28 M 40-49	35:05.5	11:19/M
328	Jaime Parton	Reisterstown MD	96	31	55 F 30-39	35:05.9	11:19/M
329	Jennifer Egan	Newark DE	598	33	56 F 30-39	35:06.2	11:19/M
330	Jennifer Ryder	Littlestown PA	101	28	51 F 20-29	35:11.5	11:21/M
331	Michael Maciarelo	Dover DE	81	54	17 M 50-59	35:17.0	11:23/M

332	Meredith Malone	Hampton VA	83	32	57 F 30-39	35:17.5	11:23/M
333	Therese Dorau	Washington DC	457	26	52 F 20-29	35:18.1	11:23/M
334	Jennifer Frey	Middletown DE	363	31	58 F 30-39	35:19.5	11:24/M
335	gerald shebest	milford DE	271	68	8 M 60-69	35:19.9	11:24/M
336	John Peters	Berlin MD	46	35	69 M 30-39	35:20.2	11:24/M
337	Sean Mathes	Cinnaminson NJ	111	30	70 M 30-39	35:20.7	11:24/M
338	Elizabeth Browning	Rehoboth DE	513	53	14 F 50-59	35:21.8	11:24/M
339	Kate Beadle	Palmyra VA	171	39	59 F 30-39	35:27.6	11:26/M
340	Heather Harmon Disque	Easton MD	159	28	53 F 20-29	35:28.9	11:26/M
341	Bill Smith	Charlottesville VA	35	57	18 M 50-59	35:30.0	11:27/M
342	Suzan Aschmies	Trenton NJ	188	44	23 F 40-49	35:33.3	11:28/M
343	Thomas Harmon	Trappe MD	154	57	19 M 50-59	35:33.6	11:28/M
344	Paul Bailey	St. Peters MO	20	57	20 M 50-59	35:39.0	11:30/M
345	Jeff DeCarlo	wilmington DE	141	41	29 M 40-49	35:44.3	11:32/M
346	Cynthia Boczon	Denton MD	213	51	15 F 50-59	35:45.3	11:32/M
347	Sara Howard	Seaford DE	93	25	54 F 20-29	35:45.7	11:32/M
348	Bruce Pringle	Rehoboth Beach DE	478	62	9 M 60-69	35:46.3	11:32/M
349	jamie wollard	n.bethesda MD	401	71	1 F 70-99	35:47.4	11:33/M
350	Craig Sorrell	Vienna VA	622	31	71 M 30-39	35:48.4	11:33/M
351	Melissa Stocker	Villas NJ	156	27	55 F 20-29	35:49.0	11:33/M
352	Jose Lukecart	Felton DE	744	57	21 M 50-59	35:51.9	11:34/M
353	Jason Baumgartner	Magnolia DE	516	33	72 M 30-39	35:53.2	11:35/M
354	Heather Boone	Chester MD	631	29	56 F 20-29	35:53.6	11:35/M
355	Erika Nortemann	Arlington VA	412	27	57 F 20-29	36:00.5	11:37/M
356	Jocelyn Craig	Annapolis MD	426	29	58 F 20-29	36:00.8	11:37/M
357	Nancy Freeman	Felton DE	515	50	16 F 50-59	36:01.8	11:37/M
358	Nate Bradshaw	Lewes DE	518	17	2 M 14-19	36:02.2	11:37/M
359	Katie Hall	Laurel DE	575	27	59 F 20-29	36:19.0	11:43/M
360	Katie Owens	Georgetown DE	634	27	60 F 20-29	36:19.5	11:43/M
361	Sarah Adams	Kensington MD	452	46	24 F 40-49	36:20.0	11:43/M
362	Mike McDonald	Mount Airy MD	438	50	22 M 50-59	36:20.6	11:43/M
363	Carly Howard	Milford DE	509	23	61 F 20-29	36:20.9	11:43/M
364	Kyle Howard	Milford DE	498	25	49 M 20-29	36:21.2	11:44/M
365	Jacalyn Good-Mullin	Lancaster PA	166	40	25 F 40-49	36:21.6	11:44/M
366	Tara Goulet	Charlotte NC	48	32	60 F 30-39	36:22.0	11:44/M
367	Parker Durham	Hurlock MD	1002	44	30 M 40-49	36:22.4	11:44/M
368	Cindy Palinkas	Easton MD	198	32	61 F 30-39	36:24.5	11:45/M
369	Shawn Heacock	Milton DE	214	27	50 M 20-29	36:25.5	11:45/M
370	Alison Brown	Germantown MD	339	17	2 F 14-19	36:28.0	11:46/M
371	Jessica Armstrong	Germantown MD	346	47	26 F 40-49	36:28.3	11:46/M
372	Mark Brown	Germantown MD	331	53	23 M 50-59	36:32.1	11:47/M
373	justin shaw	wilmington DE	150	23	51 M 20-29	36:32.8	11:47/M
374	Maya Reinhart	lancaster PA	294	11	4 F 10-13	36:42.2	11:50/M
375	Joel Paque	Falls Church VA	537	29	52 M 20-29	36:45.1	11:51/M
376	Lisa Bailey	Millersville PA	173	41	27 F 40-49	36:45.6	11:51/M

377	Abbey Bailey	Millersville PA	181	12	5 F 10-13	36:47.2	11:52/M
378	Beth Marshall	Baltimore MD	358	34	62 F 30-39	36:47.9	11:52/M
379	Marjorie Warshauer	Rehoboth Beach DE	161	70	2 F 70-99	36:49.8	11:53/M
380	Mara McGrann	Lancaster PA	196	38	63 F 30-39	36:51.9	11:53/M
381	Sarah Grandel	Newark DE	357	31	64 F 30-39	36:59.2	11:56/M
382	Krystle Rayman		696	22	62 F 20-29	37:02.7	11:57/M
383	Nancy Hotham	Wallingford PA	436	42	28 F 40-49	37:13.2	12:00/M
384	Kegal Lindsay		695	26	63 F 20-29	37:15.8	12:01/M
385	Jennifer Loving	Wallingford PA	450	37	65 F 30-39	37:18.7	12:02/M
386	Melissa Drew	Salisbury MD	306	29	64 F 20-29	37:19.6	12:02/M
387	Lania Peterson	Jamison PA	554	52	17 F 50-59	37:20.5	12:03/M
388	Emily Peterson	Jamison PA	555	17	3 F 14-19	37:36.5	12:08/M
389	Jennifer Hitchens	Dagsboro DE	562	27	65 F 20-29	37:45.3	12:11/M
390	Jennifer Bower	Laurel DE	574	31	66 F 30-39	37:45.9	12:11/M
391	Carole Ricci	Boothwyn PA	413	44	29 F 40-49	37:54.3	12:14/M
392	Bob Dunham	Aston PA	366	45	31 M 40-49	37:54.9	12:14/M
393	Kathryn Schaivone	Annapolis MD	239	49	30 F 40-49	38:00.1	12:15/M
394	Travis Freund	Baltimore MD	221	33	73 M 30-39	38:03.2	12:16/M
395	Corey Heacock	Milton DE	211	27	66 F 20-29	38:03.4	12:16/M
396	Michael Williams	Salisbury MD	460	37	74 M 30-39	38:17.3	12:21/M
397	Ginger Williams	Salisbury MD	453	41	31 F 40-49	38:17.6	12:21/M
398	Anne Chase	Fairfax VA	309	45	32 F 40-49	38:18.1	12:21/M
399	Cheryl Yadach	coventry CT	148	45	33 F 40-49	38:18.4	12:21/M
400	Tiffany Hurd	Lebanon PA	41	25	67 F 20-29	38:19.5	12:22/M

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
401	Marc Gloyd	Milton DE	381	23	53 M 20-29	38:19.8	12:22/M
402	Scott Meiss	Palmyra VA	130	35	75 M 30-39	38:20.8	12:22/M
403	Jessica Hodge	washington DC	1049	36	67 F 30-39	38:25.4	12:24/M
404	Jenny Mann	Washington DC	17	33	68 F 30-39	38:35.8	12:27/M
405	Sarah Festa	Arlington VA	247	27	68 F 20-29	38:40.7	12:28/M
406	Sandra Davies	Lewes DE	99	69	3 F 60-69	38:41.8	12:29/M
407	Jo Ann Schultz	Lewes DE	82	59	18 F 50-59	38:42.0	12:29/M
408	Tara Lundon	Bel Air MD	119	40	34 F 40-49	38:47.5	12:31/M
409	Tom Lundon	Bel Air MD	269	54	24 M 50-59	38:50.7	12:32/M
410	lois peters	milton DE	89	67	4 F 60-69	38:51.8	12:32/M
411	Susan McGregor		697	67	5 F 60-69	38:57.4	12:34/M
412	Michael Pallett	Pasadena MD	356	36	76 M 30-39	39:20.9	12:41/M
413	earl peters	milton DE	84	68	10 M 60-69	39:24.3	12:43/M
414	Victoria Marelli	Wyoming DE	133	7	4 F 0- 9	39:29.0	12:44/M
415	Jessica Marelli	Wyoming DE	138	29	69 F 20-29	39:34.9	12:46/M
416	Marcus Smith	Falls Church VA	427	30	77 M 30-39	39:39.2	12:47/M
417	Kelly Conlon	Milton DE	212	33	69 F 30-39	39:40.3	12:48/M
418	lowell scott	milford DE	581	43	32 M 40-49	39:40.9	12:48/M

419	Jennifer Stevens		671	45	35 F 40-49	39:41.5	12:48/M
420	Laura Draucker	Falls Church VA	421	28	70 F 20-29	39:42.3	12:48/M
421	Jessica Zimmerman		168	22	71 F 20-29	39:42.8	12:48/M
422	Melissa Amzibel	Dover DE	604	30	70 F 30-39	39:47.0	12:50/M
423	Kimberly Weingarten	Wilmington DE	618	37	71 F 30-39	39:54.6	12:52/M
424	Amelia Davis	Dover DE	592	28	72 F 20-29	39:56.7	12:53/M
425	Holly Fox	Fleetwood PA	206	38	72 F 30-39	39:57.6	12:53/M
426	Robert Leuze	Newark DE	365	15	3 M 14-19	40:08.1	12:57/M
427	Jim Kling	Millsboro DE	120	62	11 M 60-69	40:08.4	12:57/M
428	Mary Travaglini	Takoma Park MD	372	36	73 F 30-39	40:19.6	13:00/M
429	Beth Romanchak	Pasadena MD	558	39	74 F 30-39	40:31.7	13:04/M
430	Cindy Tracy	Clayton DE	557	36	75 F 30-39	40:39.3	13:07/M
431	Simon Mance	Washington DC	949	25	54 M 20-29	40:41.8	13:07/M
432	Christian Disque	Easton MD	540	28	55 M 20-29	40:42.2	13:08/M
433	Paul Roessel	Rehoboth DE	522	71	4 M 70-99	40:42.6	13:08/M
434	Tammy McCabe	Seaford DE	242	46	36 F 40-49	40:45.0	13:09/M
435	John Weil	Hebron MD	121	54	25 M 50-59	40:57.9	13:13/M
436	Deborah West	Newark DE	564	56	19 F 50-59	41:08.6	13:16/M
437	Ann Bailey	St. Peters MO	14	57	20 F 50-59	41:10.0	13:17/M
438	Sarah Eckel	Germantown MD	576	29	73 F 20-29	41:12.2	13:17/M
439	Rochelle Mooney	Hurlock MD	530	45	37 F 40-49	41:19.1	13:20/M
440	Benjamin Reed	Magnolia DE	621	43	33 M 40-49	41:21.0	13:20/M
441	sandra gossman	curtis bay MD	137	65	6 F 60-69	41:21.2	13:20/M
442	Jean Oxenrider	Jessup MD	311	51	21 F 50-59	41:33.9	13:24/M
443	Bridget Shea	Chevy Chase MD	640	30	76 F 30-39	41:37.1	13:25/M
444	Dale Booth	Cambridge MD	315	29	74 F 20-29	42:14.6	13:37/M
445	Desmond Johns	Cambridge MD	927	29	75 F 20-29	42:22.0	13:40/M
446	Petra Hrabric	Columbia MD	107	36	77 F 30-39	42:22.8	13:40/M
447	Sheri Leuze	Newark DE	369	39	78 F 30-39	42:33.9	13:44/M
448	Coleen Weil	Hebron MD	117	55	22 F 50-59	42:46.9	13:48/M
449	Melissa Zilinski	Woodstown NJ	444	37	79 F 30-39	42:50.2	13:49/M
450	Donna Gallagher	Lewes DE	129	76	3 F 70-99	42:54.7	13:50/M
451	Karen Stauffer	Lewes DE	414	31	80 F 30-39	43:07.2	13:55/M
452	Sarah Sacksteder	Milford DE	267	28	76 F 20-29	43:08.5	13:55/M
453	Mary Garvert	Milton DE	278	36	81 F 30-39	43:25.8	14:00/M
454	Jeff Evans	Milton DE	65	38	78 M 30-39	43:27.3	14:01/M
455	Pam Smith	Charlottesville VA	26	55	23 F 50-59	43:32.6	14:03/M
456	Jamie Walsh	Ellicott City MD	52	28	77 F 20-29	43:36.4	14:04/M
457	Anne Brennan	Jenkintown PA	374	37	82 F 30-39	43:37.6	14:04/M
458	Tony Green	Jenkintown PA	388	55	26 M 50-59	43:47.0	14:07/M
459	Nancee Knipp	Saint Peters MO	18	49	38 F 40-49	44:01.1	14:12/M
460	Gene Stone	O'Fallon MO	24	52	27 M 50-59	44:02.8	14:12/M
461	James Harmon, III	Dagsboro DE	568	50	28 M 50-59	44:06.3	14:14/M
462	Theresa Frakes	Charlottesville VA	44	51	24 F 50-59	44:14.9	14:16/M
463	Nicole Kopp	Magnolia DE	253	27	78 F 20-29	44:19.0	14:18/M
464	Matt Drew	Salisbury MD	300	43	34 M 40-49	44:43.5	14:25/M